

## Aspire Academy Trust – Relationship and Sex Education Policy

## Appendix 1 – Curriculum Map

<b>Academy Name</b>	St Mawes Primary School
Head of School	Angela Praed / Kerry-Anne Crinks
<b>Date Completed</b>	12/05/21

Year Group	Topic/Theme details				
	Autumn : Health and Wellbeing	Spring: Living in the Wider World	Summer: Relationships		
Year 1 (A)	Welcome to our school.	People who help us.	Being unique		
	Healthy friendships	Emergencies and getting help.	Families and friends		
	Exploring feelings	Road safety	What is bullying?		
	Online safety- friendships	Learning about work			
	Medicines- who should give them to us.	Managing risks and being safe.			
Year 2 (B)	Welcome to our school.	Our community	Boys and girls		
	Healthy bodies.	Online Safety- sharing information.	Growing and changing		
	Healthy food choices	Playing games and being part of a team.	Looking after our world		
	Taking care of our teeth	Managing our feelings			



Year 3 (A)	Being physical, staying active Drugs Expressing everyday feelings Staying positive	World of work Spending and saving Road safety	Individual and collective strengths (teamwork) Sun safety
Year 4 (B)	Managing feelings	Money choices	Respecting others
	Being safe online and not sharing personal information	Volunteering and being a good citizen.	Resolving conflict
		Enjoying the online world	Caring for environment
			Being a good friend
Year 5 (C)	Nutrition and healthy eating	A diverse community	Respectful relationships
	Illness	Online content- trust	
	Bodies and changes		
Year 6 (D)	Keeping your body safe	Spending decisions	Different types of families
	How are babies conceived and born?	The risks of gambling	Healthy and harmful relationships
		Using the internet safely/ social media	Changing schools