

PE Action Plan 2014-15

| Areas for development | Responsible person | Costing | Progress |
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| <p><u>1.Developing Physical Literacy</u></p> <p>Planning, delivery and assessment. Observation. Sharing expertise.</p> | <p>All staff to continue to be upskilled led by AA, KR and AP</p> | <p>KR training (Real P.E and Mid Cornwall Sports Network) AP training (CAPH) Roseland cost for AA</p> | <p>Kerry has been trained for all areas of Real P.E and training has been organised for Real Gym to be implemented 2015-16. Angela has attended CAPH PE conference and highlighted wellbeing as an area for development.</p> |
| <p>Train KS2 children for playground leaders</p> | <p>KR and AA</p> | <p>Training for KS2 children and staff member to supervise</p> | <p>Mel, Molly and Kerry have had training in Energy Club to implement games and activities at lunchtime and then train children to lead and supervise these games. Playground leaders will be rolled on to the action plan for next year when training will be available.</p> |
| <p>Extend clubs for KS1</p> | <p>KR</p> | <p>Training for lunchtime supervisor and apprentice</p> | <p>Three staff have received Energy Club training and two clubs are now being held, one after school for year 2 and above and one at lunch time for FS and year 1. Both clubs are well attended.</p> |
| <p>Implement REAL PE</p> | <p>KR</p> | <p>Training for KR</p> | <p>KR has implemented Real PE in class one and most activities have worked well. Some areas need extending but the children enjoy having challenges to move onto. In class 2 some of the resources are being used but we need the next sets of challenge cards for</p> |

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| | | | assessment and next steps. |
| <u>2. Health and well being</u> | | | |
| Healthy Schools Award | Whole school and community led by KR | Training for KR for audit | KR attended training and explored the application. Only 25 % of the application can be action planned and after looking at the areas our percentage would be higher. We have put the application on hold whilst we put ideas in place. Our areas of weakness were sun safety (fundraising in place) and RSE/Drugs and Alcohol (training has taken place) |
| Food for life Award | Whole school and community led by KR | Training for KR | We have been awarded the bronze level (July 2015) and are now exploring what we need to do to gain silver. We are already working towards phasing out the flight trays. SNAG meeting arranged for September. |
| <u>3. Expanding the offer for a broad and diverse experience</u> | | | |
| Evidence the range of offer and expansion plans. Clubs, curriculum, cluster etc. | Data collected by AP and KR, see analysis | | Data has been collected and we are now attending more events than the previous academic year. We have ensured all KS2 children have had opportunity to attend an event suitable to them. We are offering an Energy Club (Multiskills on data sheet) which is well attended, 33 out of 47 children have taken part. Out of school activity has also increased in many areas. Sailing attendance has more than doubled, as has those children regularly swimming. The introduction of a Saturday football club means 5 times as many children playing the sport. We no |

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| <p>Collect data on participation. Cross check vulnerable groups.</p> | <p>KR</p> | | <p>longer have children attending street dance due to time constraints for parents but the school based dance club is still well attended.</p> <p>Data has been broken down into vulnerable groups (Gender/SEN/PP). More girls have attended clubs and events than in previous years, particularly KS2 multiskills and KS1 for football. We have ensured that KS2 children from SEN and PP groups have attended events and been encouraged to join clubs. All PP/SEN children are attending at least 1 physical club. We provided transport for PP children to attend an after school basketball team.</p> |
| <p>Heartstart for KS2 children</p> | <p>KR/RR</p> | <p>Training for KR/RR</p> | <p>KR and RR attended training during last summer and all children in KS2 have been heart start trained to the age appropriate level. We have also been affiliated and supported another scheme over in Mylor so they can work towards attaining a defibrillator.</p> |

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| <p><u>4. Developing the workforce</u></p> <p>CPD for staff. Teachers, Lunchtime staff, volunteers and coaches.</p> | <p>KM</p> | | <p>KR has received training in REAL P.E, Heartstart, Food for Life, Healthy Schools, Knife Skills and Cooking, Energy Club, Dirty Teaching as well as attending MCSN conferences. Mel Woodcock and Molly Blamey have received training in Energy Club. Molly has also attended courses supplied by Andy Ayre through the apprentice schemes. Linda Davison has been trained in tennis at the heron centre and Angela has attended CAPH PE conferences.</p> |
| <p>Health of staff.</p> | <p>KM</p> | | <p>We are now part of the schools advisory service who provide well being support. We have purchased a new fridge so we can have healthier packed lunches such as salads. Staff have discussed alternatives to sugary snacks and drinks and encouraging each other to enjoy healthy options such as fruit and yoghurts. We have discussed the benefits of exercise and several staff members have taken up regularly exercise outside of school.</p> |