



Registered Charity Number: 1163918

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Dear Parents

Have your kids been inspired by the fantastic achievements of Team GB during the Olympics in Rio? INTOTRI gives them a chance to feel like Olympic Superheroes for a day and experience one of the most exciting and fastest growing sports in the UK: **Triathlon**.

THE CORNISH MINI TRI SERIES

If your kids like swimming, cycling and running, they will LOVE triathlon. It's adventurous, thrilling and very sociable. Following a playful introduction to triathlon at assembly, all novices and running mermaids on wheels aged 8-16 yrs are invited to join 2000+ kids at one of the UK's biggest Junior Triathlon Events: The Cornish Mini Series. With four venues across Cornwall, kids can sign up for individual events or compete for special prizes awarded to whole Series finishers.

SELL OUT EVENT – SIGN UP TODAY TO AVOID DISAPPOINTMENT

1st May Bodmin – 14th May Helston – 4th June Wadebridge – 2nd July Liskeard

DO KIDS NEED EXPENSIVE KIT & WHAT ABOUT FITNESS?

A swimming costume, any road worth bike, helmet and a pair of trainers and the kids are ready to go. Front crawl or breaststroke, all in one go or stop after every length. We group swimmers by ability to make it fun for everyone.

WHAT ARE THE DISTANCES

- 8yrs: 50m swim – 800m bike – 600m run
- 9-10yrs: 100m swim – 1.6k bike – 1.2k run
- 11-12yrs: 150m swim – 2.4k bike – 1.8k run
- 13-14yrs: 200m swim – 4k bike – 2.4k run
- 15-16yrs: 400m swim – 5.6k bike – 3.6k run

HOW TO ENTER

Entry is available via www.intotri.com

If your child enters then the school will cover the cost as part of their Schools Sports Premium.

You will need to give them your receipt in order for them to reimburse you.