## **STOP PRESS** — Water bottles

(09.05.17)

The children have been spoken to today about the importance of drinking fresh water in their water bottles. They need to ensure they bring their bottles home each night to be cleaned and fresh water put in. We would like this to become part of their daily routine, just like bringing their bags/reading books to school. Research shows that children learn and perform much better if well hydrated.

Thank you.