



ST MAWES PRIMARY SCHOOL

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2nd October 2018

Dear Parents,

Say #HelloYellow and support children and young people's mental health on World Mental Health Day – Wednesday 10th October.

More children and young people than ever before are seeking help with their mental health, but **fewer than one in ten** find it easy to get the support they need.



By wearing yellow on World Mental Health Day, we want to show young people that they are not alone when it comes to their mental health.

Your child can come to school next Wednesday (10th) wearing something yellow. It would also be great if they could bring in a donation to help raise vital funds for children and young people's mental health.

Yours sincerely

K.Middlemore

